



Icahn
School of
Medicine at
Mount
Sinai

19th Annual Mid-Atlantic Hospital Medicine Symposium

Essentials of Hospital Medicine

Friday, October 18, 2024

NEW FORMAT-
ONE DAY
COURSE



Leon and Norma Hess Center for Science and Medicine

The Bonnie M. Davis, MD and Kenneth L. Davis, MD

Auditorium, 2nd floor

1470 Madison Avenue
(Between 101st and 102nd Streets)
New York, NY

An SHM-affiliated Meeting



In collaboration with



<https://mssm.cloud-cme.com/2024HM>

Provided by

Department of Medicine, Icahn School of Medicine at Mount Sinai



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Faculty Disclosure

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-accredited educational activities. All faculty participating in the planning or implementation of an activity accredited by ISMMS are expected to disclose all of their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships will be mitigated and disclosed to learners before the activity takes place. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material. Refusal to disclose will prohibit participation in an Icahn School of Medicine at Mount Sinai CME-sponsored activity.



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Program Objectives

At the conclusion of this CME activity, the participant should be able to:

- Determine the best timing for the transition of antibiotics from the IV to oral route
- Select the optimal diuretic dose and route and cardiac regimen for patients with acute decompensated heart failure.
- Initiate bupropion for patients admitted with opioid use disorder who want to initiate medication-assisted therapy (MAT).
- Have difficult conversations with patients and families about goals of care and management for patients with life-threatening conditions.
- Determine the best initial management for patients with sepsis and pneumonia to improve outcomes, including decrease mortality.

Who Should Attend?

Hospitalists, General Internists, Nurse Practitioners, Physician Associates/Physician Assistants, House Staff, Medical Students.

Accreditation

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Verification of Attendance

Will be provided to all professionals.

Course Location

All sessions will be held at The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor 1470 Madison Avenue (Between 101st & 102nd Street) New York, NY 10029

Directions and Parking

Go to www.icaahn.mssm.edu/about/visiting The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, call the Office of CME, 212-731-7950.

Special Needs

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Come for a day of updates on the essentials of Hospital Medicine and for comradery with colleagues from around the country! Our Hospital Medicine conference has a new 1-day format to provide the key content you need to expand your expertise in the most vibrant manner possible. You will hear about the Future of Hospital Medicine from SHM CEO Eric Howell, the new ACC/AHA guidelines on perioperative cardiac management, how to improve quality and decrease length of stay through de-escalating antibiotics, optimizing management of acute decompensated heart failure and much more on the core conditions in Hospital Medicine.

Our workshops let you choose between enhancing your skill at managing critically ill patients or patients with opioid use disorder and panel discussions let you get answers to your questions across the core areas of hospital medicine. Sessions on dermatology and radiologic imaging tailored for hospitalists will help you sharpen your imaging to enhance your patient care.

Our faculty consists of national and international leaders in their fields and our sessions are designed to provide highly relevant material in a concise and stimulating format. The fast pace, exciting topics, expert faculty, and flexible format ensure a highly effective and valuable experience!

HIGHLIGHTS INCLUDE:

- Essentials in the most common conditions seen by hospitalists, including heart failure, sepsis, and pneumonia.
- Hear SHM CEO Eric Howell discuss The Future of Hospital Medicine!
- Update on Hospital Medicine: Practice-changing studies from the past year
- How to have critical Goals of Care discussions, led by nationally renowned speaker and leader Dr. Bob Arnold





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AGENDA

7:30 – 8:00 AM

REGISTRATION AND BREAKFAST

8:00 – 8:15

Welcome

Andrew Dunn, MD, MPH

8:15 – 9:00

KEYNOTE - The Future of Hospital Medicine:
To the Stars Through Difficulty

Eric Howell, MD, MHM

9:00-9:30

Sepsis Essentials

Ilse Espina

9:30-10:00

Pneumonia Pearls

Lina Miyakawa, MD

10:00-10:20

Antibiotics - De-escalation Pearls

Valida Bajrovic, MD

10:20-10:40

Panel Q&A

10:40-11:00

BREAK

11:00-11:30

Imaging Essentials

Barak Friedman, MD

11:30-12:00 PM

Dermatology for the Hospitalist

Russell Cohen, MD

12:00 – 1:00

LUNCH

1:00 – 2:00

Update in Hospital Medicine

Brian Markoff, MD, SFHM, FACP

2:00 – 3:00

WORKSHOPS

A Management of the Critically Ill Patient

Ahmed Shaikh, MD

B Opioid Use Disorder

Michael Herscher, MD, MA

3:00 - 3:20

BREAK

3:20 - 3:50

Acute Decompensated Heart Failure

Maya H. Barghash, MD

3:50-4:20

Periop – Key Updates from ACC/AHA

Dilan Mather R. Jogendra, MD, MSc

4:20-4:50

Goals of Care: Critical Discussions

Robert M. Arnold, MD

4:50-5:00

Panel Q&A

5:00 PM

Adjournment



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Online Registration:

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REGISTRATION FEES

Physicians \$200

Allied Health Professionals \$150

Residents, Fellows \$75

Mount Sinai Health System (MSHS) Physicians \$175

Mount Sinai Health System (MSHS) Allied Health Professionals \$75

Mount Sinai Health System (MSHS) Residents, Fellows *Complimentary

**Mount Sinai Health System (MSHS) Residents and Fellows must email: cme@mssm.edu with a copy of their Hospital ID or letter from their program director for a complimentary code to use during the online registration.*

Cancellation Policy: All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by October 12, 2023. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

**For conference information, please call the Office of CME at 212-731-7950
or email cme@mssm.edu**



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